



## **WINTER – SPRING 2010**

Dear Friend,

The Center for Spiritual Living Long Island (formerly Religious Science Long Island) is a spiritual community that teaches the Science of Mind<sup>®</sup>, a philosophy and way of living that provides spiritual tools to transform our personal lives. Here you will find a safe place to heal, a great place to make friends and a fun place to learn about Life and the way Life works.

We now have a weekly e-mail newsletter! To join, use the sign-up box on our web site at [www.csl-longisland.org](http://www.csl-longisland.org) or call 516-822-9314 and leave your name and e-mail address. The newsletter goes out on Wednesday mornings and each week there is information about what is happening at our center as well as other features and special material you can use in your daily spiritual work. While you're at your computer, find us on Facebook and become a fan.

Changing your thinking really does change your life. Every Sunday morning and at every class, workshop and special event we explore this great idea and the very practical ways we can apply it in our lives. We are here to support you in any way we can as you travel along your own spiritual path and invite you to join us for all of our upcoming activities.

**Stay informed!**

**In the event of a winter storm call (516) 822-9314, check the web site or sign up for our e-mail list for information about cancellations of Sunday services, classes or special events.**

**Center for Spiritual Living Long Island  
17 Maple Place · Hicksville, NY 11801 · (516) 822-9314 · [www.csl-longisland.org](http://www.csl-longisland.org)**

**ACCREDITED CLASSES IN THE SCIENCE OF MIND®**  
Taught by the Rev. Michael Sternlieb  
(Classes accredited by International Centers for Spiritual Living)

Download class brochures at [www.csl-longisland.org](http://www.csl-longisland.org)  
or call us at 516-822-9314 to have them mailed to you.

**BUILDING A HEALING CONSCIOUSNESS**  
(Science of Mind® 103)

Wednesdays, 7:00 – 9:00 P.M, February 24<sup>th</sup> to April 28<sup>th</sup> 2010

By understanding the nature of the creative process operating in our lives, you will learn step-by-step how to use our form of affirmative prayer called Spiritual Mind Treatment to build a healing consciousness you can apply to every area of life. Ernest Holmes' classic book, *The Science of Mind*, will be used in this class.

**THE PRINCIPLES OF SUCCESSFUL LIVING**  
(Science of Mind® 104)

Wednesdays, 7:00 – 9:00 P.M, May 5<sup>th</sup> to June 23<sup>rd</sup> 2010

We live in a Spiritual Universe! In this class you will learn about your place in this Spiritual System and the part that your consciousness plays in attainment of a greater experience of health, wealth, love and self-expression. Ernest Holmes' classic book, *The Science of Mind*, will be used in this class.

These classes were created for students interested in ongoing spiritual growth and development. No previous study is required. Tuition refunds cannot be granted after the first class. Certificates of Completion will be granted to those students successfully completing the SOM 100 Series

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**Register Now!**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-Mail \_\_\_\_\_

Birth Month \_\_\_\_\_ Birth Day \_\_\_\_\_ (Required by ICSSL)

Science of Mind® 103: [ ] Tuition: \$120 (\$110 if registered by Feb. 21<sup>st</sup>) [ ] Review: \$80 (\$70 if reg. by Feb. 21<sup>st</sup>)

Science of Mind® 104: [ ] Tuition: \$120 (\$110 if registered by May 2<sup>nd</sup>) [ ] Review: \$80 (\$70 if reg. by May 2<sup>nd</sup>)

Total Enclosed \$ \_\_\_\_\_

Mail to: CENTER FOR SPIRITUAL LIVING LONG ISLAND 17 Maple Place, Hicksville, NY 11801 (516) 822-9314

## Louise Hay Workshop with Rev. Maria V. Hughes

Saturday, February 13, 2010, 10:00 A.M – 1:00 P.M.

Workshop Fee: \$20



### LEARN TO LOVE YOURSELF - IT WILL CHANGE YOUR LIFE!

This workshop will help you to release the old negative patterns within you that need to be released by using the principles set forth by Louise Hay in her book *You Can Heal Your Life*.

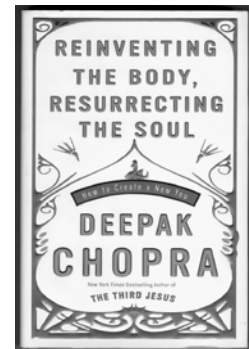
It all begins with loving the self. The unlimited power of your mind to heal will heal what needs to be healed. You will realize that whatever we believe becomes true for us.

## Reinventing the Body, Resurrecting the Soul Two Classes based on the new book by Deepak Chopra

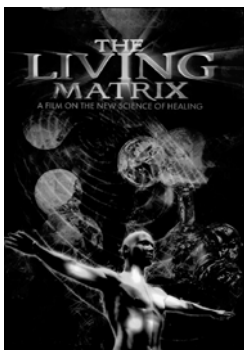
Saturday, March 20<sup>th</sup> and Saturday, March 27<sup>th</sup>  
10:00 A.M – 12 NOON Free Admission – Love Offering

Join Rev. Michael Sternlieb to explore Deepak Chopra's latest ideas on mind and body.

On March 20<sup>th</sup> we'll reinvent our bodies and on March 27<sup>th</sup> resurrect our souls!



## Spiritual Cinema



### Film Screening and Discussion: The Living Matrix

Friday, April 9<sup>th</sup>, 2010, 7:00 – 9:00 P.M. Free Admission – Love Offering

“...you'll discover the intricate web of factors that determine our well-being. From the quantum physics of the human body-field to heart coherence and informational healthcare, explore innovative ideas about health. Scientists, psychologists, bioenergetic researchers and holistic practitioners share their knowledge, experiences and insights.”

Discussion led by Rev. Michael Sternlieb

**Saturday Morning Spiritual Discussion**  
**1st Saturday of every month, 10 A.M. to 12 Noon, beginning March 6th.**



**Ever want to just talk about spiritual things?**  
**This is for you!**

**Each discussion will be led by either Rev. Michael or one of our licensed Religious Science Practitioners – Kathleen Caputo, Karen Gigante and Barbara Griminger**

**Bring Your Children to the**  
**Junior Center for Spiritual Living**  
**Every Sunday 10:30 – 11:30 A.M.**



Our Junior Center for Spiritual Living is designed to teach your child that there is a strength, power, wisdom and intelligence inherent within each one of us that enables us to be whatever we choose to be.

Participating will empower your child by learning the principles of Science of Mind® in a fun, interesting way, using discussion, stories, puppet shows and craft activities which will assist them in integrating these principles into their daily lives.

We thank you for the opportunity of sharing in your child's bright and happy future.  
Junior Center Staff: Kathleen Caputo, R.Sc.P., Director, Ellen Berman, Janet Feuerstein, Karen Gigante, R.Sc.P., Barbara Griminger, R.Sc.P., Cynthia Payne